

Recognition process for German therapists in Switzerland

What recognition do I need?

If you have completed your training as a medical masseuse / naturopath in Germany and would like to practice in Switzerland, you will need recognition. To do this, you must apply for recognition of equivalence from the Swiss Red Cross (SRC). The prerequisite for this is that you have completed a comparable number of hours as in the Swiss training program. You can find an example of this below. Experience has shown that recognition takes around three months. At the same time, however, you can apply to the EMR for recognition as a professional masseur so that you can already practice in Switzerland with recognition of the individual method.

Apply for recognition from the SRC

1. You need recognition from the SRC to have the equivalence of your training as a medical masseur recognized in Switzerland.
2. Open an account at www.precheck.ch to complete the PreCheck (mandatory preliminary examination).
3. Submit the PreCheck and the required documents on the SRC's online portal and follow the instructions there.
4. If the PreCheck is positive, you will receive an application form for your application for recognition.
5. Submit your application and the necessary documents and pay the first installment of CHF 600.
6. You will receive the decision by post. Depending on the assessment, you will be recognized directly (a) or compensatory measures will be required (b).
 - a. If **no compensation measures** are attached to your application and you are recognized directly, you will **receive a second invoice** of CHF 330 and, depending on the profession, a further fee of CHF 130 **for registration in the GesReg / NAREG**. As soon as payment has been made, you will receive your recognition decision by post. **Your professional qualification is now equivalent to the Swiss qualification.**
 - b. You **complete the compensation measures required** in the decision within a two-year period and inform the SRC of these. You will then **receive a second partial invoice** of CHF 400 and, depending on the profession, a further fee of CHF 130 **for registration in the GesReg /**

NAREG. As soon as payment has been made, you will receive your recognition decision by post. **Your professional qualification is now equivalent to the Swiss qualification.**

Apply for recognition from the EMR

Recognition by the EMR is faster than by the SRC, so you can already practice as a professional masseur (no. 102) in Switzerland under recognition of individual methods while recognition by the SRC is in progress.

You can find the EMR registration form at the following link:

https://emr.ch/dl/dokumente/emr_registrierung_a.pdf

Please note that the following documents must be entered under 3.2 with the relevant information:

Diploma/Certificate

- Title of your training
- Surname and first name
- Date of issue
- Name and address of the training provider
- Name, function and signature of the institute management

Training confirmation

- Name of the training course
- Surname and first name
- Duration of training (mm.yyyy/mm.yyyy)
- Date of examination
- Date of issue of the training confirmation
- List of subjects and respective contents with details of teaching hours
- Name and address of the training provider
- Name, function and signature of the institute management

Please note the internship hours (250 hours) required in 3.5. These must be documented on the training confirmation if they were completed as part of your training. If you have not completed any internship hours during your training, your self-declaration will serve as confirmation of the patient experience you have gained after completing your full training (basic and specialist training).

Required hours of the overall training confirmation for the medical masseur FA in Switzerland

Grundlagen Ausbildung

Anatomie / Physiologie	150 Stunden
Anamnese und Befunderhebung	60 Stunden
Anatomie Haltungs- und Bewegungsapparat	90 Stunden
Berufslehre	45 Stunden
Medikamentenlehre	15 Stunden
Ethik / Kommunikation	30 Stunden
Notfallmassnahmen / Hygiene	30 Stunden
Palpation	60 Stunden
Pathologie / Neurologie	180 Stunden
Psychologie / Psychosomatik	60 Stunden
Vernetzung / Fallbeispiele	15 Stunden
Total Grundlagen	735 Stunden

Therapieformen

Bindegewebssmassage (Med. Mass.)	150 Stunden
Elektrotherapie (Med. Mass.)	100 Stunden
Fussreflexzonenmassage (Med. Mass.)	100 Stunden
Hydrotherapie / Wickel (Med. Mass.)	80 Stunden
Tape / Funktionelle Verbände	20 Stunden
Klassische Massage (Med. Mass.)	160 Stunden
Manuelle Lymphdrainage (Med. Mass.)	180 Stunden
Mechanotherapie	60 Stunden
Muskelfunktionstest	30 Stunden
Total Therapieformen	880 Stunden

Angeleitetes Selbststudium	260 Stunden
Praktikum	1090 Stunden
Die Ausbildung Med. Masseurin / Med. Masseur FA umfasst total	2965 Stunden